



WELCOME TO EDMONTON, ALBERTA, CANADA!

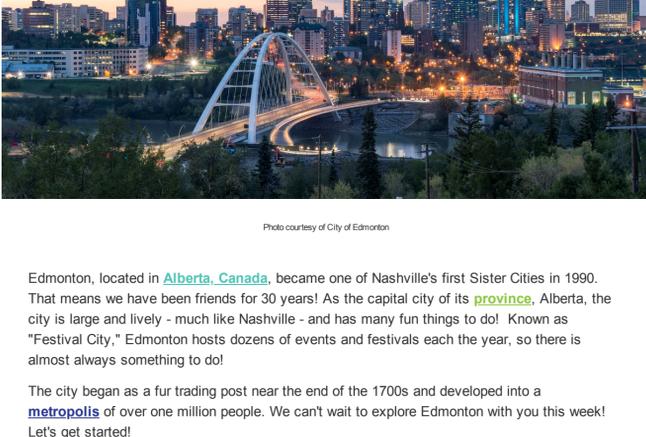


Photo courtesy of City of Edmonton

Edmonton, located in [Alberta, Canada](#), became one of Nashville's first Sister Cities in 1990. That means we have been friends for 30 years! As the capital city of its [province](#), Alberta, the city is large and lively - much like Nashville - and has many fun things to do! Known as "Festival City," Edmonton hosts dozens of events and festivals each year, so there is almost always something to do!

The city began as a fur trading post near the end of the 1700s and developed into a [metropolis](#) of over one million people. We can't wait to explore Edmonton with you this week! Let's get started!

Click [here](#) to learn more about Alberta including fun & interactive worksheets & coloring sheets!

A LOOK BACK: FORTS, HISTORY, & RECIPES



Photos courtesy of Fort Edmonton Park <https://www.fortedmontonpark.ca/>

FORT EDMONTON PARK

Edmonton developed as fur trading settlement and, over time, grew into a city packed with industry and entertainment. To learn about this history, let's visit [Fort Edmonton Park](#), the largest living history museum in Canada.

[Hop on the train](#) and take a virtual tour of Fort Edmonton!

WHAT CAN YOU LEARN ABOUT AT FORT EDMONTON PARK?

Indigenous People

Edmonton's past includes a rich history of indigenous tribes and people. Currently, Fort Edmonton Park is adding first-person narration, hands on exhibits, and indigenous art installations so everyone can learn about the [First Nations](#) and [Métis](#) people of Canada in an engaging way. [Learn more here](#).

Log Cabins

The older, log cabin buildings at Fort Edmonton were originally a series of trading posts. Have you ever wondered what it's like to live in a log cabin or in a fort? Would you like to build one at home? A great way to build a log cabin at home is to use pool noodles, stacked and interlocked together. But one of the best ways to build a fort at home is to build a blanket fort right in your living room! Check out the link below to build an epic blanket fort!

Goody Delights!

One greatest traditions of Fort Edmonton Park is the legendary cinnamon rolls, which are generally served during their special events like their Christmas celebration. Check out the link below for a Canadian mother's take on delicious and gooey cinnamon buns!

[Goody Cinnamon Bun Recipe](#) | [Fort Edmonton Park Facebook Page](#) | [Fort Edmonton Park Website](#) | [Building a fort at home](#) | [Virtual Tour of Fort Edmonton](#) | [First Nations and Métis History](#)

LET'S EXPERIMENT! SCIENCE & MORE



Photo credit: TELUS World of Science (<https://telusworldofscienc Edmonton.ca/>)

Edmonton is home to the remarkable science museum [TELUS World of Science](#). This museum offers hands-on science experiences for children and adults of all ages and covers an amazing variety of topics including Outer Space, the natural world, and design & engineering. It also includes information about experiments and science you can do at home!

Take a [behind-the-scenes look](#) at all their great science experiments!

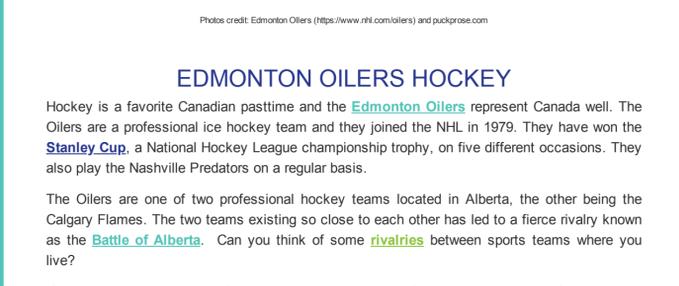
Try your own experiments by visiting [the TELUS website](#). From a bouncy egg, walking water, to invisible ink, there is plenty to do! Or visit their [Facebook page](#) to follow their "Summer Science at Home" for videos, experiments, and so much more!

Celebrate [Canada Day](#) with TELUS and others!

Mark your calendars to celebrate [Canada Day](#), the national day of recognition of Canada's Constitution, on July 1st! The Canadian Government has provided lots of fun activities through several virtual celebration kits, which you can explore [here](#)!

TELUS World of Science will celebrate with a virtual scavenger hunt and rocket launch where you can [join in!](#)

[Experiment at home](#) | [Behind-the-scenes at TELUS](#) | [Rocket Launch](#) | [Canada Day Kit](#)



LET'S PLAY! SPORTS & ENTERTAINMENT



Photos credit: Edmonton Oilers (<https://www.nhl.com/oilers>) and puckprose.com

EDMONTON OILERS HOCKEY

Hockey is a favorite Canadian pastime and the [Edmonton Oilers](#) represent Canada well. The Oilers are a professional ice hockey team and they joined the NHL in 1979. They have won the [Stanley Cup](#), a National Hockey League championship trophy, on five different occasions. They also play the Nashville Predators on a regular basis.

The Oilers are one of two professional hockey teams located in Alberta, the other being the Calgary Flames. The two teams existing so close to each other has led to a fierce rivalry known as the [Battle of Alberta](#). Can you think of some [rivalries](#) between sports teams where you live?

If this is making you excited for hockey and you can't wait for it to be cold enough for ice, check out this YouTube video on how to play street hockey. Even if you don't have a net or a hockey stick, you can get creative and use a broom and a laundry basket! Just make sure you ask your parents' permission.

[How to play street hockey](#) | [Edmonton Oilers and Nashville Predators Highlights](#)



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EDMONTON WORLD WATER PARK



Images courtesy of Edmonton World Waterpark

The [West Edmonton Mall](#) is home to an incredible amount of indoor activities and attractions! One of the most popular attractions is a MASSIVE indoor waterpark that covers 5 acres! The waterpark features huge slides, children's play areas, ziplines, hot tubs, and more. This entertainment zone is a big attraction for tourists and Edmonton locals alike!

[Check out the attraction map to see all that the waterpark offers!](#)

Want to ride the slides without getting wet? You can!

[Watch this video to virtually travel down each of the waterpark slides!](#)

Now it's your turn to have fun! Try this fun [ice cube painting](#) activity! All you need are ice cube trays, water, food coloring, some popsicle sticks, paper, and imagination! We would love to see what kind of amazing drawings you create!

[Edmonton World Waterpark Slides](#)

[Ice Cube Painting](#)



~LET'S FLY: EDMONTON IN THE SKIES!~

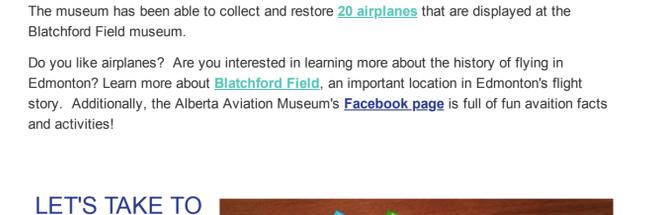


Photo credit: the Alberta Aviation Museum (<https://www.albertaaviationmuseum.com/>)

The [Alberta Aviation Museum](#) began 25 years ago in an old World War 2 Hangar. The goal was to preserve Edmonton's aviation history and to restore and protect the airplanes from its past. The museum has been able to collect and restore [20 airplanes](#) that are displayed at the Blatchford Field museum.

Do you like airplanes? Are you interested in learning more about the history of flying in Edmonton? Learn more about [Blatchford Field](#), an important location in Edmonton's flight story. Additionally, the Alberta Aviation Museum's [Facebook page](#) is full of fun aviation facts and activities!

LET'S TAKE TO THE SKIES!

How about building your own plane! Check out these 5 designs for paper airplanes that will fly high!

All you need is paper and scissors and you're up, up, and away!



[Paper airplane step by step instructions](#) | [Activities & Experiments with Paper Airplanes](#)

~JOIN US NEXT WEEK!~

We hope you enjoyed this week's activities! Be sure and post pictures of your camp activities and tag us on Facebook (Sister Cities of Nashville) and Instagram (@SCNashville)! We can't wait to see all the fun you get up to!

Next week we will venture to our sister city [Kamakura, Japan!](#)

Want to receive weekly camp emails? [Sign up here!](#)



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